

Behavioral Risk Factor Study Survey (BRFSS) Data

The annual Centers for Disease Control and Prevention Behavioral Risk Factor Study (a random sample, telephone-based survey of health risk factors and behaviors) provides information on the health of a representative sample of adults. Table 22 provides the results of selected 2004-2005 survey questions by county.

Topic	Delta County % 95% CI*	Garfield County % 95% CI*	Mesa County % 95% CI*	Montrose County % 95% CI*	Colorado % 95% CI*
Diagnosed with diabetes	2.8 0.0-5.8	2.6 0.0-5.1	5.4 3.0-7.8	6.4 1.6-11.2	4.6 3.4-5.0
Current smoker	23.9 14.1-33.7	18.7 9.6-27.7	20.7 15.2-26.3	21.8 12.5-31.1	19.9 18.9-20.9
Currently have health insurance	67.6 56.8-78.4	79.2 20.8-87.6	80.1 74.3-85.9	71.3 60.3-82.3	84.4 83.4-85.3
Ever had asthma	17.2 7.9-26.5	16 8.1-23.9	10.6 7.0-14.2	15 5.2-24.7	17.2 7.9-26.5
Overweight BMI** 25.0-29.9	60.7 49.2-72.2	41.8 31.1-52.5	57.3 50.8-63.8	56.3 44.8-67.8	60.7 49.2-72.2
Obese BMI** >30	14.1 5.4-22.7	12.6 4.9-20.2	20.9 15.5-26.3	21.3 12.2-30.3	14.1 5.4-22.7

*Confidence Interval

**Body Mass index (BMI) is defined as weight in kilograms divided by height in meters squared
Percents are weighted to the total population.

According to the results of this survey, fewer Garfield County residents have diabetes, smoke or are overweight or obese than in the state, as a whole, or in the comparison counties. The percentage of adults in Garfield County who have asthma is similar to the state, as a whole, and to two of the three comparison counties.